

Acne, Rosacea
Common skin conditions affecting 8 million Canadians



Sue Sherlock
sherlockcom@telus.net



www.acneaction.ca and
www.rosaceahelp.ca

Types

Both mostly on the face,
affect appearance, may
cause significant emotional
distress, scarring

Causes

Acne mostly hormones, genetics.
Rosacea unknown.

Impact on the Patient's Quality of Life

Social anxiety, poor self-esteem, shame, anger, anxiety, depression

- 3 in 10 young people get moderate acne, often need medical help
- Rate of depression in acne patients is 10%
- 2 in 3 diagnosed with rosacea are women
- 75% of rosacea patients report low self-esteem

Treatment and Care of Condition

Acne is chronic but can be successfully treated in virtually every case

Rosacea is chronic, no cure, but treatment, lifestyle changes can control symptoms